GOVERNMENT OF INDIA
YOUTH AFFAIRS AND SPORTS
LOK SABHA

UNSTARRED QUESTION NO:1540
ANSWERED ON:03.05.2016
Yogic Techniques in Sports
Mahadik Shri Dhananjay Bhimrao;Radhakrishnan Shri T.;Satav Shri Rajeev Shankarrao

Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:

(a) whether the Government has proposed to train physiotherapists of Sports Authority of India Centres in Yogic technique and if so, the details thereof along with the purpose behind the move;
(b) the time by which a decision in the matter will be taken; and
(c) the other steps taken/being taken by the Government to achieve integration of physiotherapy and yogic science for speedy recovery of athletes?

Answer

THE MINISTER OF STATE (INDEPENDENT CHARGE) FOR
YOUTH AFFAIRS AND SPORTS
(SHRI SARBANANDA SONOWAL)

(a) & (b): Yes, Madam. The Government has decided to train all Physiotherapists of Sports Authority of India (SAI) centres in Yogic techniques for integration of physiotherapy and yogic science for helping athletes in speedy recovery.
(c) Yoga experts are also engaged by SAI for National Coaching Camps for providing relaxation and speedy recovery of Athletes apart from enhancing concentration power.
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